

# Age-friendly Communities British Columbia's Experience

Matt Herman Director, Injury Prevention & Healthy Built Environment BC Ministry of Healthy Living & Sport





#### Partner Communities in Age-friendly Guides

Three communities within BC participated in research phase for the city and rural and remote guides.

> Village of Alert Bay O Village of Lumby

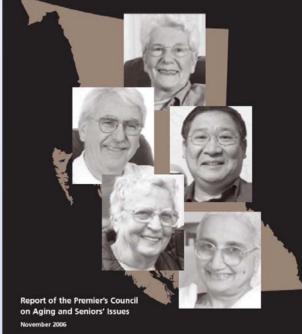
> > District of Saanich



### Why be part of Age-friendly Communities

- Premier's Council on Aging and Seniors' Issues
- The aging of our population will affect every aspect of our society, from families to workplaces to community infrastructure.
- Within next 10 years fewer schoolage children than people over 65, and more people retiring than entering the workforce.
- By 2031, over 1.3 million over 65.

# Aging Well





# **Steps Taken**

- BC Ministry of Health formed a partnership with the Union of British Columbia Municipalities (UBCM), British Columbia Parks and Recreation Association and 2010 Legacies Now.
- Partnership developed with Centre on Aging, University of Victoria, BC to conduct focus groups.
- Competitive process application and screening through partnership selection committee to identify partner communities.
- Rural & Remote focus under 2,000 population and inclusive of First Nations applications.
- Research agreement signed by Mayors of communities.



# Steps Taken (cont.)

Seed grants of \$5,000 to document and start implementing findings from focus groups.

#### **Partner Community Profiles**

- District of Saanich Located southern tip of Vancouver Island; Pop.=108,179; 16.9% are 65+; 5<sup>th</sup> largest municipality in BC.
- Village of Alert Bay Located on Cormorant Island; Pop.=620 (1,400 on Island); predominantly Aboriginal Peoples; 4% are 65+; sea/air access.
- Village of Lumby Located in interior BC; Pop.=1,738; 14.6% are 65+; road access.



### **Outcomes of Research Phase**

- The District of Saanich and the Villages of Alert Bay and Lumby quickly adopted many of the suggested actions from their focus groups.
- Led to many communities asking to be involved.
- Guides, community reports and actions shared throughout BC.



District of Seanich, British Columbia, Canada World Health Organization's Global Age-Friendly Cities Project



INFORMATION FOR SENIORS

The Corporation of the Village of Alert Bay

Pag Service 2800 Alext Bay British Colomba VON 1A0 TEL (250) 974-5215 - TAX:(250) 974-5470 WEBSTT: www.shribuy.co



### **Implementation Process**

 BC has developed a framework that supports the implementation of Agefriendly Communities in BC.

Age-friendly Communities

How Age-friendly Is Your Community?



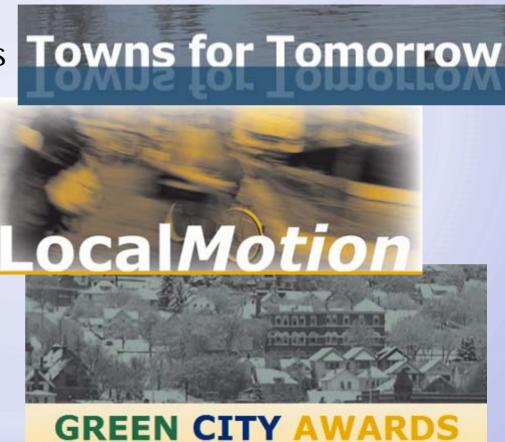


#### www.seniorsincommunities.ca/age-friendly



# **Funding Approaches**

- Dialogue, pilot and community planning grants available through UBCM.
- BC Government goal to build seniors-friendly and disability-friendly communities.
- Complementary grants through Measuring Up, Active Communities, BC Healthy Communities etc.

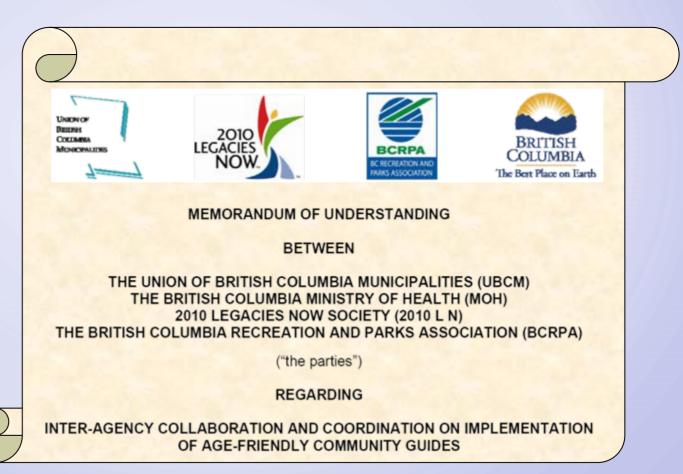




### **Partnership Development**

 Formal partnership endorsed in August 2007.

 Provincial Agefriendly Leadership Network established in Dec 2007.





## **Age-friendly Communities in BC**

- Partner Communities in Age-friendly Guides
- Expressed interest in becoming a Partner Community
- Seniors Housing & Support Initiative Age-friendly Projects



### **Evaluation – Towards 2010**

- Collation of evaluation reports from pilot funding grants.
- Environmental Scan of Community Readiness for an Aging Population.
- Official Community Plan, Regional Growth Strategy, and Council Resolution monitoring.
- Engagement with Age-friendly Communities Implementation Team.
- Development of Age-friendly Communities Indicators
  e.g. BC Healthy Built Environment Alliance.
- Social Pillar of Sustainability.



### **Lessons Learned**

- Partnerships are KEY.
- Do your homework find out what is already going on in the community?
- ← Local Champions are KEY.
- From the communities -

What Have We Learned... How to Be Age-Friendly

**Involve:** Encourage meaningful participation of older persons **Listen:** Utilize responsive planning and development practices

Build: Create accessible and appropriate infrastructure

**Communicate:** Improve access to information and build relationships

Partner: It takes a whole community to be age-friendly!



## **Next Steps**

- Further development of tools and resources for local governments and other partners.
- New rounds of grant funding with an enhanced focus on agefriendly community planning support.
- Strategic partnerships with other community development approaches – e.g. Measuring Up, BC Healthy Communities.
- Develop a stronger focus on First Nation communities.
- Provincial summit on age-friendly.
- An Age-friendly Communities Charter for BC.
- Enabling seniors to take a leadership role.



# Conclusion

- The Age-friendly Communities approach supports many of the BC Government objectives, namely:
  - British Columbians leading healthy, active lifestyles;
  - Healthy People, Healthy Communities; and
  - Positive Aging





Older People are taking a leadership role *"nothing for us without us"* DON'T PLAN FOR SENIORS - PLAN WITH SENIORS

www.seniorsincommunities.ca/age-friendly