

Report Back on 3rd Regional Symposium of CIFA cum Study Visit Thematic Sharing II Children in Divorce Families

March 13 2013

Duke of Windsor Social Service Building
Hong Kong Council of Social Services

Mrs. Patricia Chu Associate Director HKUFI Chairperson CIFA

Concern over impact of divorce on children

- ➤ Growing divorce rate: 0.4 per thousand in 1981,
 - 2.5 per thousand in 2006
 - 3.14 per thousand in 2011.
- ➤ Breakdown of family relationships-- psychological and social stressors in adult life and significant implications on mental health
- ➤ About 5% to 10% of divorcees having prolonged difficulties with resolution, remaining bitter, hostile, and entrenched in conflict for many years.
- ➤ Children become the victim in the process caught between parents –split loyalty, feeling of guilt & abandonment

Outline

- >(A) Concern over impact of divorce in children
- ► (B) Law Reform Commission reports
- ►(C) Lack of profile and empirical data in HK for policy formulation & service development
- ►(D) Collaboration with Judiciary
- > (E) Project Plan & Methodology
- ►(F) Findings of Part I
- ►(G) Commissioned Study by Family Council

Concern over impact of divorce on children - continued

- ➤ Worse outcomes on academic achievement, psychological well being, self concept and social relations
- Children at higher risk of problem behaviors though response to divorce for each case is highly variable
- ➤ Positive association between post divorce handling and well being of children

1

Law Reform Commission Reports making a total of 124 recommendations

- Report on Guardianship of Children (Jan 2002)
- ➤ Report on International Parental Child Abduction (April 2002)
- ➤ Report on The Family Dispute Resolution Process (March 2003)
- ➤ Report on Child Custody & Access (March 2005)
- ➤ Consultation Paper on Child Custody & Access in 2011

Children In Divorce Families Project initiated by HKUFI

- >Multi-disciplinary team representing expertise from psychology, social work, policy making and family therapy
- ➤ Team members:
- ◆Dr. Lee Wai Yung, Founding Director of HKUFI, internationally renowned family therapy trainer
- →Mrs. Patricia Chu, Ex- Deputy Director of Social Welfare, Associate Director of HKUFI and Chairperson of CIFA
- ◆Prof. Paul Yip, Director of the HKJC Centre for Suicide Research & Prevention, HKU
- ◆Dr. Helena Yuen, Founder & Managing Mediator of the Conflict Resolution Centre, accredited mediator & supervisor of HK International Arbitration Centre

Lack of profile & empirical data in HK for policy formulation & service development

- ➤ Judiciary Family Court
- ➤ Census & Statistics Department
- ➤ Social Welfare Department
- ➤ Non-Governmental Organizations
- ➤ Incomplete & unable to provide a comprehensive picture on the situation of divorce in HK, especially how it impacts upon children involved in divorce families
- >Implications on policy formulation & service development

Collaboration with Judiciary

- Engagement of Judiciary to sound out the proposal with Family Court Judges
- >Getting consent for collaboration –access to case files with undertaking on confidentiality
- ➤ Selection of sample
- ➤ Briefing of staff of Family Court Registry, provision of office accommodation
- ➤ Regular dialogue to sort out operational issues & update progress

Children in Divorce Families Project

≻Objectives

- **→**To establish a profile of divorce families in HK
- ◆To understand the attributions of parental conflict on children in divorce families
- **→** To develop a culturally sensitive & relevant divorce education package

Project Plan & Methodology Part I-continued

- Random sample of 300 case each year over a period of time (1999,2004,2009) to establish profile/trend
- ➤ Pilot test of a specially designed Data Input Sheet to capture case profile
- Field work to collect data
- ➤ Data compilation & Analysis

Project plan & Methodology—Part I

- ➤ Data Mining of divorce cases in Family Court to establish profile:
 - **→** demographic
 - **→** socioeconomic
 - +characteristics of families
 - +issues they have to deal with
 - ♦how the family navigates through the system
 - +impact on children. etc

10

Project Plan & Methodology—Part II

- ➤ Qualitative study on attribution of parental conflict on children in divorce families
- Sample of 20 cases with children facing parental separation or divorce
- ➤ Use of a validated protocol to capture the interaction between couple
- ➤ Measure physiological responses by bio-feedback machine

12

Project Plan & Methodology Part IIcontinued

- Decoding the responses to identify attributions/themes of parental conflict on children
- Debriefing session for parents and children to raise awareness and empowerment for change
- Session video-taped to provide evidence & clinical data for analysis & development of evidence based treatment model

Key Findings of Part I

- ➤ Average length of marriage—11 to 12 years all cases, with cross border divorce of 9 years
- ➤ Age gap among couple
- **→**Cross border divorces 7.2 to 13.1 years
- **→**HK divorces 3.7 to 4.6 years
- ➤ Number of petitions is close to double the number of joint applications,
- ➤ Ground of divorce—majority stated living apart for at least 1 year with consent

Project Plan & Methodology-Part III

- ➤ Comparison/correlation between findings of Part I & II for development of culturally relevant & user friendly package
- ➤ Involvement of social workers, family lawyers, psychologists etc in focus groups
- ➤ Training of professionals
- Promotion through media and related websites
- ➤ Inform policy making & procedural changes in Judiciary & social service systems in handling divorce cases

Key Findings of Part I - continued

- ➤ Majority of petitions filed by females amongst HK divorces (at a ratio of 2:1)
- Cross border divorces, similar proportion of HK males & Mainland females file divorce petitions (at a ratio of 1:1)
- First marriage for both parties—
 - **→**Over 80% amongst HK couple
 - **→**Less than 30% of cross border couples

16

Key findings of Part I - continued

- ➤ Increasing proportion of couples without children filing divorce
- ➤ Majority of children aged 6 to 12 years old in primary education
- ➤ Higher percentage of fathers living with child prior to divorce proceedings
- ➤ Increase in percentage of fathers & grandparents involved in caring & upbringing of child prior to divorce

Key findings of Part I - continued

- ➤ Percentage of fathers/mothers granted child custody remain relatively stable, with slight increase trend in fathers granted custody
- > Larger percentage of mothers still granted child custody
- Fathers more likely to be financially supporting the child
- Large majority of children from cross border or mainland divorces are born in China compared with couples from HK

A CI 111 C . . . 1 /

+Court related cost

- **+**Child Custody/access
- **→** Maintenance for spouse

First issue to be dealt with by court:

- +Children
- **→** Arrangement of property
- +Other ancillary relief

Observations & Recommendations

Key findings of Part I - continued

- Data collected only portrays a partial picture of the divorce phenomenon, especially that on children & couple relationship
- Family court may consider to collect more data on risk factors (mental & physical health status, previous marriage/breakdown, family violence etc) to inform decision making.
- ➤ Matching with data from married couple to provide better understanding of risk factors leading to breakup in marriage recommended

Observations & Recommendations - continued

- Further research on differences between local & cross border divorces and longitudinal cohort study recommended
- Longitudinal prospective cohort study recommended to compare differences in attitude towards divorce amongst different cohorts.
- Culturally relevant "Divorce Education Programs" to be developed to better prepare couples & children for the changes involved in the process to minimize negative impact on all parties



Commissioned Study by Family Council

- ≥2011 Family Survey
- Focus Group meetings organized by CPU to generate action plans
- ➤ Reduce the negative long term effects of divorce on child development as one of the areas worthy of priority of policy makers
- A Study of the Phenomenon of Divorce in HK- HKU commissioned to conduct the study as a follow up of the project initiated by HKUFI.
- ➤ Methodology—
- → Data compilation of 300 cases in 2011 & data set from C&SD
- → Case studies—purposive sampling of 30 to 40 individuals with matched married couples as controls
- + Focus Groups of 10 to 12 stakeholders from related professionals